

## QUESTION SETTING EXERCISE

### 1. Priority Setting.

Identify four priorities that you would like to work on in the year ahead. These priorities should be high level priorities (not specific work tasks).

Tip: Priorities could range from (but are not limited to):

- Career change • Starting a new venture • Improving relationships with others
- Resolving an existing problem • Leading a new initiative • Work-life balance

List up to four priorities you would like to work on:

1.
2.
3.
4.

### 2. Question Setting.

For each priority, formulate a question that captures the essence of what you're seeking guidance or clarity on. Begin your question with “How might I” or “What”.

Ensure that the question is open-ended and invites exploration.

For example, if your priority is “work-life balance”, your question could be: “How might I better manage time and set boundaries to be successful at work and have a fulfilling life outside of work?”

1.
2.
3.
4.

### 3. Challenge worth Facing

From the list of questions above, choose a focal question to bring to your listening roundtable. The goal of your question is to prompt meaningful discussion and insight from your peers.